



Orange County High Schools



November 2011

You choose... an entrée, three sides (vegetables, garden salad, assorted fruit, bread) and/or milk.

Breakfast

Daily Entrée and/or Cereal with Toast or grits/oatmeal, fruit choices, 100% Fruit Juice and/or Milk Choices are offered.

Monday	Sausage Biscuit
Tuesday	Chicken Biscuit
Wednesday	Eggs and Cheese w/ Biscuit
Thursday	Steak Biscuit
Friday	Chicken Sausage Biscuit

Express

Monday	Corn Dog Nuggets
Tuesday	Chicken Sandwich
Wednesday	Chicken Nuggets
Thursday	Max Cheese Sticks w/ Salsa
Friday	Pizza

The Platter

Monday	Deli Sub
Tuesday	Grilled Chicken Sandwich
Wednesday	Deli Wrap
Thursday	Orange County Sub
Friday	Spicy Chicken Wrap

Extra Extra

Monday	Spicy Chicken Chunks w/ Roll
Tuesday	Bacon Cheeseburger
Wednesday	Spicy Chicken Wings w/ Roll
Thursday	Red Baron Pizza
Friday	Spicy Chicken Sandwich

Chef Salads Available Daily

November 1	Grilled Cheese w/Tomato Soup, Seasoned Turnip Greens, Mixed Fruit
November 2	NC Barbecue, Coleslaw, Deli Roasted Potatoes, Hushpuppies, Orange
November 3	Hot Dog w/ Toppings, Sweet Potato Tots, Green Beans, Applesauce
November 4	Baked Potato w/ Toppings, Broccoli, Corn, Fruited Jell-o, Wheat Roll
November 7	Cheeseburger, Spinach, Potato Tots, Applesauce
November 8	Chicken Fajita w/Salsa, Spanish Rice, Lettuce Cup, Peaches
November 9	Beefaroni, Garden Salad, Green Peas, Baked Apples, Breadstick
November 10	Salisbury Steak w/Gravy, Mashed Potatoes, Spinach, Apple, Wheat Roll
November 11	Veterans' Day Holiday
November 14	Rib Sandwich, Vegetable Choice, Carrots, Chilled Fresh Fruit
November 15	Nachos w/Toppings, Pinto Beans, Garden Salad, Fruit Cup
November 16	Corn Dog, Baby Carrots, Green Beans, Apple, Goldfish
November 17	Holiday Meal Turkey w/Gravy and Dressing, Sweet Potatoes, Collards, Peach Cobbler, Cranberry Sauce
November 18	Fish Sandwich, Baked Beans, California Blend, Fresh Fruit
November 21	Teriyaki Bites, Winter Mix, Mixed Fruit, Wheat Roll
November 22	Turkey Tetrazzini, Sweet Potatoes, Mixed Vegetables, Peaches, Wheat Roll
November 23	Macaroni w/Cheese w/Sausage Biscuit, Carrots, Green Beans, Peaches, Wheat Roll
November 24	Country Style Steak w/Gravy, Steamed Rice, Green Beans, Pineapple, Wheat Roll
November 25	Spaghetti w/Meatballs, Broccoli, Garden Salad, Chilled Pears, Breadstick
November 28	Hot Ham and Cheese, Green Beans, Corn, Fresh Fruit
November 29	Hamburger, Sweet Potato Fries, Spinach, Apple, Wheat Roll
November 30	Turkey Burrito, Mexicali corn, Broccoli, Mixed Fruit